





# Fros Swimming Kernteam 2024

## Begeleidingsteam

<p><i>Voorzitter Technische Zwemcel Fros</i> <i>Algemene Coördinatie Fros swimming kernteam</i></p> <p><b>Hubert Mattens</b> 0496-799090 <a href="mailto:h.mattens@skynet.be">h.mattens@skynet.be</a></p>	
<p><i>Trainer</i> <i>Fros swimming kernteam</i></p> <p><b>Ralph Pensis</b> 0473-305057 <a href="mailto:ralphpensis@skynet.be">ralphpensis@skynet.be</a></p>	
<p><i>Trainer</i> <i>Fros swimming kernteam</i></p> <p><b>Peter Jamart</b> 0468-137475 <a href="mailto:Jamart.peter@gmail.com">Jamart.peter@gmail.com</a></p>	
<p><i>Trainer</i> <i>Fros swimming kernteam</i></p> <p><b>Wilfried Caestecker</b> 0498-083441 <a href="mailto:sport@vzsa.be">sport@vzsa.be</a></p>	

*Trainster*  
*Fros swimming kernteam*

**Quittry Van den Bergh**  
0473-263952  
[quitty@msn.com](mailto:quitty@msn.com)



*Trainer*  
*Fros swimming kernteam*

**Laurens Goethals**  
0484-226181  
[Laurens.goethals@gmail.com](mailto:Laurens.goethals@gmail.com)



*Trainer*  
*Fros swimming kernteam*

**Dieter Buchmuller**  
0492-206144  
[dietervzo@hotmail.com](mailto:dietervzo@hotmail.com)



*Trainster*  
*Fros swimming kernteam*

**Sarah Goegebeur**  
0474-717062  
[sarahgoegebeur@hotmail.com](mailto:sarahgoegebeur@hotmail.com)



*Trainster*  
*Fros swimming kernteam*

*Lone Cristiaenssen*  
0471-790472  
[lonecristianseb@gmail.com](mailto:lonecristianseb@gmail.com)

